

College Planning Resources | College Preparation | College Essay | Spring 2023

College Planning Part I was in January with the panel of College Admission Representatives

Academic Advising

- **★** Academic Advising is now complete.
- **★** During Academic Advising, school counselors met with students for their course selections for next school year.
- ★ As part of this meeting, school counselors also discussed plans for life after high school.
- ★ If students would like to update their courses or have additional questions, please have them reach out to their counselor.

College Planning Resources

What Should I Be Doing Now?

College Research

- ★ Explore college websites to gather information
- ★ Submit "Request Information" forms online for colleges you are interested in
- ★ Visit colleges & attend college fairs: Attend virtual or in person information sessions/college tours/open house events. Check college websites for updates and related information for the colleges you are interested in.
 - Northern Virginia Regional Fair: April 4 @ Eagle Bank Area (GMU), 6:30-8 p.m.
- ★ Follow social media outlets for colleges of interest
- ★ Enjoy the process of researching colleges
- ★ Create a system to keep college information organized, include deadlines!
- ★ Use Naviance: College Search, Scattergrams, JMHS Acceptance History & more
- ★ Use the resources in <u>Schoology</u>

Schoology Parents | Students

Schoology for Parents



Schoology for Parents





GROUPS

RESOURCES

GRADE REPORT

Courses

All Parents/Guardians

MADISON HS 2500 JAMES MADISON DR

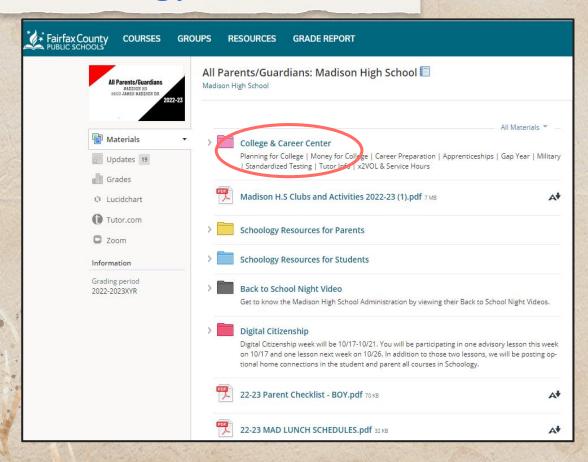
2022-23

All Parents/Guardians

Madison High School

Madison High School

Schoology for Parents



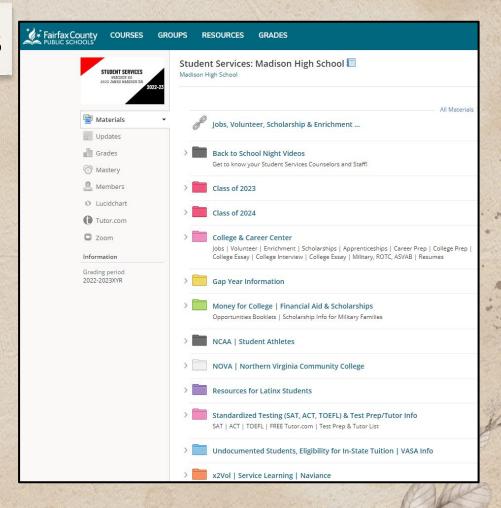
College & Career Planning Folder

- **★** Apprenticeships
- **★** Career Preparation
- **★** College Preparation
- ★ FCPS Post-Secondary Week Session Recordings
- **★** Gap Year Information
- **★** JMHS College Specific Info
- ★ Military | ROTC
- ★ Money for College | Financial Aid & Scholarships
- **★** Standardized Testing
- ★ x2VOL & Service Learning

Schoology for Students



★ Similar to parent
Schoology, but students
have more folders of
information

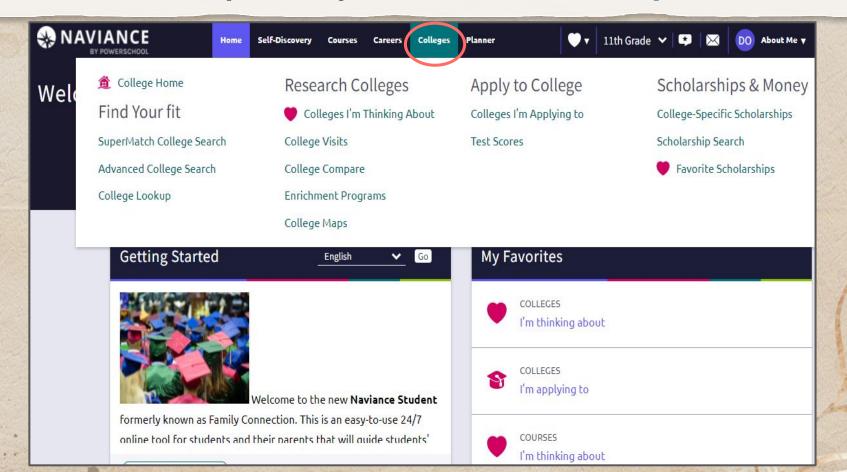


Naviance for College & Career Planning

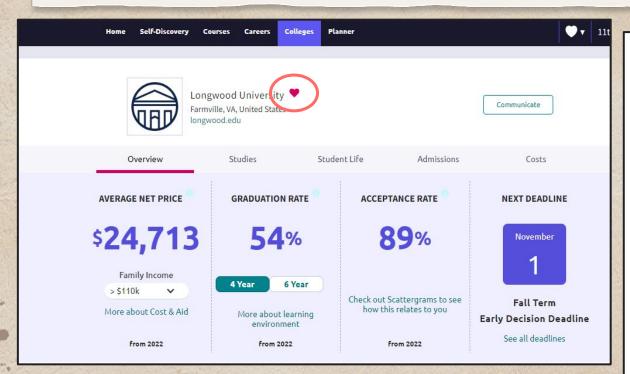
Naviance

STUDENTS & PARENTS have access to Naviance, a college and career planning tool.

JMHS specific college statistics are in Naviance. www.fcps.edu/naviance



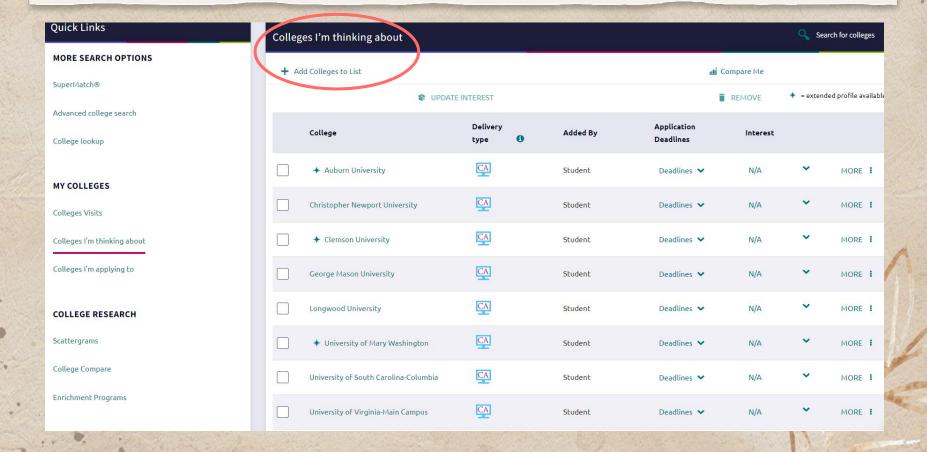
Naviance | COLLEGE HOME PAGE | www.fcps.edu/naviance



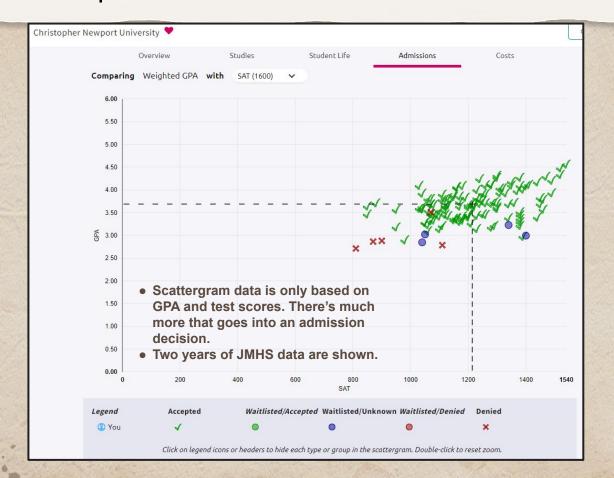
Get to know the college Learn more about Longwood University. **Ouick Facts** longwood.edu Website Public / Four Year School School Type CEEB Code 5368 ACT Code 4366 Undergraduate 4,324 Enrollment Student-to-Faculty Ratio 14 to 1 Average Classroom Size 20.7 Job Placement Rate 58% within 1 Year Campus Surroundings Town Online Programs Offered Bachelor's Degrees Offered Master's

Naviance | colleges I'm Thinking about | www.fcps.edu/naviance

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Naviance | scattergrams | www.fcps.edu/naviance



Naviance | college match | www.fcps.edu/naviance

College Match

Seard

Colleges Other Students Like

Colleges That Have Accepted Students Like You

Why am I seeing these colleges?

We have analyzed applications from thousands of High Schools to determine what colleges are most likely to overlap with the colleges on your favorites list when students apply.

STUDENTS WHO APPLY TO

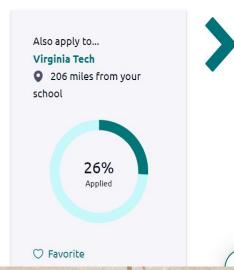
7672 applications analyzed

University Of Mary Washington

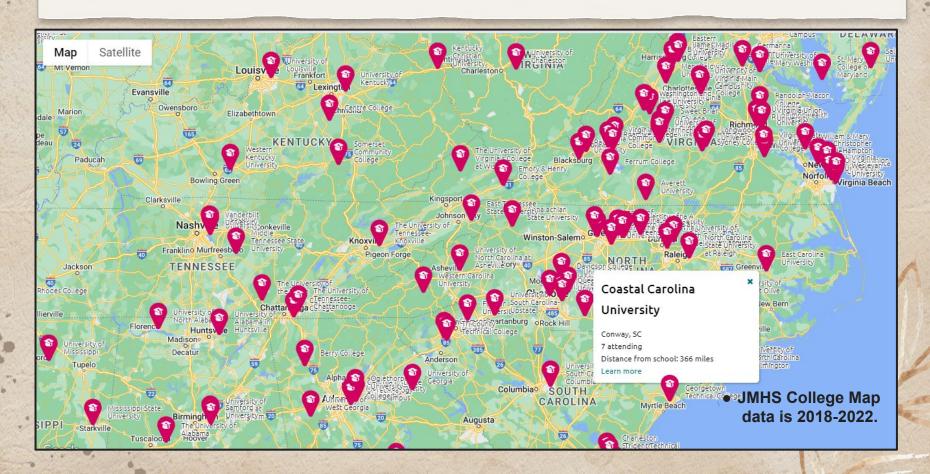




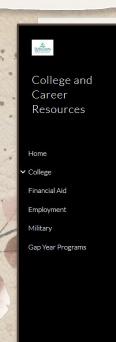




Naviance | college maps | www.fcps.edu/naviance



FCPS College & Career Resources





COLLEGE AND CAREER





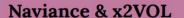








Service Learning



x2VOL is the tool that FCPS middle and high schools use to support students with finding, tracking, and verifying service hours electronically. Students login to x2VOL through this Naviance link.

- ✓ Students should track their hours in x2VOL
- ✓ Students are <u>able to earn a diploma</u> in the Commonwealth of Virginia without completing service hours
- 40 hours = black service learning cord to wear at graduation.
- ✓ 50 hours with additional criteria = apply for <u>The Board of Education's Seal</u> of Excellence in Civics Education
- 50 exclusive hours related to science service with additional criteria = apply for The Science & Environmental Seal
- ✓ <u>Students who do not complete</u> yearly service hours or who complete fewer than 40 hours over the course of high school <u>will still be able to graduate</u>

Additional places to look for volunteer opportunities:

- ★ FCPS Service Learning website, FCPS Work-Based Learning Google Site
- ★ JMHS Volunteering & Service Learning Information
- ★ Follow @FCPSServLearn
- ★ Jobs, Service Learning/Volunteering, Enrichment & Scholarships (JMHS)
- **★** Volunteer Fairfax
- ★ Volunteer Fairfax Directoy of Youth Servive Opportunities 2021-2022
- ★ Fairfax County Park Authority
- ★ Fairfax County Volunteer Opportunities

Students must use x2VOL to get credit for their service learning hours.

HOW TO ACCESS x2VOL:

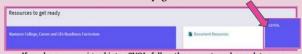
1. Go to the Naviance login page, www.fcps.edu/naviance

Naviance Student
Students: Use FCPS Student ID and Password
Student Naviance Login

2. Log into your account.



3. Scroll down on the Naviance home page and click on the x2VOL box.



If you have never signed into x2VOL, follow the prompts and complete your profile. **Assign yourself to the Class of (year you will graduate)** and this information will be verified by JMHS.

4. x2VOL Dashboard is where you will Add Hours, Find Opportunities, View Groups & Goals Progress. You can also search for a specific Honor Society and/or club to join that group..



Students must use x2VOL to get credit for their service learning hours.

Student Services Newsletters

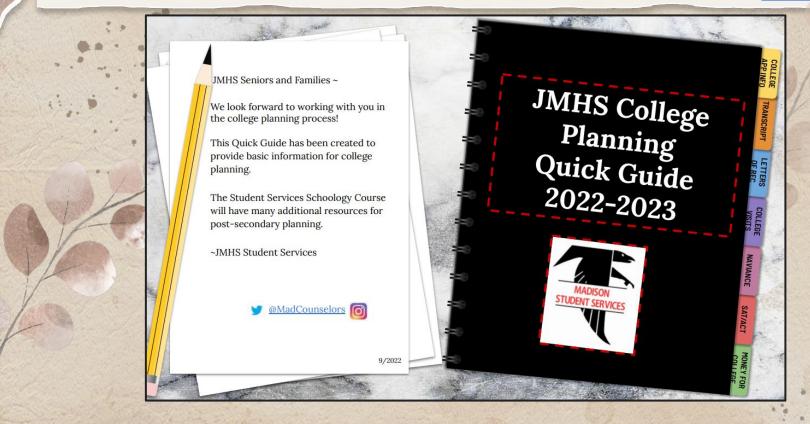
- ★ Emailed typically twice a month, must be signed up to receive "News You Choose" notifications. Or, view on the Madison website. There's a link on the Madison home page to sign up for News You Choose.
- ★ Calendar of Dates/Upcoming Events for Post-Secondary Planning
- ★ Counseling Updates & Items to Note
- ★ Enrichment Opportunities
- ★ Scholarship Opportunities



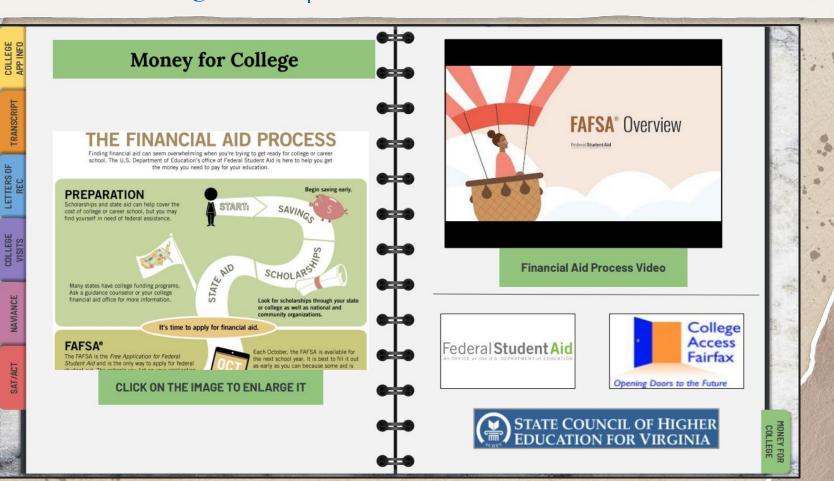


Class of 2024 College Guide

AVAILABLE FALL 2023 | 2022-2023 version available here



Class of 2024 College Guide AVAILABLE FALL 2023 | 2022-2023 version available here



Money for College

School Based (JMHS) Scholarships for Seniors

These scholarships, once they become available, will be advertised to students with eligibility requirements, additional details and application due dates. These scholarship

based on the previous school year, please note that any changes will be reflected when the scholarship application is available for the current school year.

JMHS PTSA Making a Difference Scholarship: Three seniors will each receive a \$1,000 scholarship for

"Making a Difference" (i.e. involvement at school, volunteer work, community service, paid work such as babysitting, helping their families, or other ways of enriching the lives of others). Seniors who plan to attend a two-year or four-year college or a professional/technical school. Essay (500 words or less) required explaining what you did to "Make a Difference" in the lives of others. Letter of recommendation also required.

JMHS Athletic Boosters Warhawk Pride Scholarship: Four \$500 scholarships will be presented to JMHS athletes who best exemplify Warhawk Pride. Scholarships will be awarded to four senior athletes. Athlete must be a current senior who plans to attend a two or four-year college or professional technical school. Any athlete receiving a full academic scholarship is not eligible. Minimum GPA of 2.5 through the first semester of senior year.

The Khristin Kyllo Dream Big Memorial Scholarship, \$5.000 is available for JMHS seniors who are planning to attend a four-year institution. The application requires a one page typed essay about yourself, life experiences and brief description of your financial need. Clearly write about how this scholarship would make a difference for your future education. This essay should focus on you and your situation.

The Lenny Schultz Scholarship will award a \$2,000 scholarship to either a football player and/or a wrestler who has uplifted others in the community, school, or other involvements. The application requires a one page typed essay, resume, and a letter of recommendation.

Disclaimer: Advertisement of this opportunity does not constitute sponsorship or endorsement of the sponsoring organization or the enrichment opportunity by the Fairfax County School Board, the Superintendent, or a specific FCPS school. This opportunity may utilize a technology tool that has not been assessed by the Fairfax County Public Schools Department of Information Technology. Students should gain permission from their parent or quardian before engaging in any non-FCPS enrichment opportunity and families should review and agree to the Terms of Service and User Agreements for any technology platform that enrichment opportunity may use before participating.

★ School Based **Scholarships**

Local Scholarships

Local Scholarships

This scholarship offers up to \$5,000 (\$2,500 per semester) per student for tance towards an Associates Degree at NOVA or a Certificate Program as part of a is need-based scholarship is to help students further their education with potential eria is met.

test: The Optimist Club of Greater Vienna sponsors an annual Essay Contest for high \$500 with potential for up to \$2,500. Available for students in grades 9-12.

Vienna Optimist Clyde Reed and Paul Booze Vocational Scholarship, \$1,500: The Optimist Club of Greater Vienna sponsors a scholarship for students who plan to pursue an apprenticeship, trade or technical school or occupational field, such as, plumbing, auto mechanic, auto repair, carpenter, HVAC technician, electrician, cosmetologist, culinary arts practitioner/chef.

Vienna Volunteer Fire Department Auxiliary Scholarship, \$1,000: Applicants must have been accepted at an accredited college, university or technical school. 5oo word essay on the benefits of volunteering in a community.

Vienna Youth Soccer (VYS) Scholarship, \$2,500: http://vys.org/offering-vys-scholarships VYS will award two scholarships to high school seniors who have participated as players in the Club and plan to further their education at a college or university. Seniors who have demonstrated exceptional standards of sportsmanship, dedication, leadership, community service, and/or perseverance.

VYI Scholarship/MVP Awards: http://vyi.org/Page.asp?n=5460_Visit www.vyi.org for details.

VHSL Allstate Achievement Scholarship, \$1,500: https://www.vhsl.org/scholarships/ is awarded to seniors who have excelled in the classroom and in athletic and academic activities.

VHSL Savedge Award, \$500: https://www.vhsl.org/scholarships/ is awarded to a senior who has participated and excelled in school publications (magazines, newspapers, yearbooks) and for at least two years demonstrated outstanding personal qualities such as leadership, writing proficiency, design aptitude, creativity, teamwork, and character.

VHSL Vito Perriello Citizenship Award, \$1,000: https://www.vhsl.org/scholarships/ is awarded to a senior who has demonstrated outstanding traits of citizenship in their high school career. Student must have previously participated in one or more VHSL activities which can include serving as an athletic training student aide (ATSA) with a Virginia licensed athletic trainer within their high school.













COLLEGE APP INFO

TRANSCRIPT

LETTERS OF REC

COLLEGE

NAVIANCE

NEY FOR

Money for College

Local Scholarships (continued)

College Access Fairfax: https://collegeaccessfairfax.org/scholarships/ College Access Fairfax offers quite a few scholarships to FCPS students.

DAR (Daughters of the American Revolution) Good Citizens Program and Scholarship is intended to encourage and reward the qualities of good citizenship. Students must actively demonstrate the qualities of dependability, service, leadership and patriotism. This award is open to all students in the senior class. Award amount is typically \$1,000 with potential to receive more. From the applicant pool, JMHS may nominate one student to receive this award.

Federal Water Quality Association (Environmental or Engineering), \$2,000: Three scholarships will be awarded to graduating seniors who plan to pursue environmental careers.

Harry F. Byrd Leadership Award, \$20,000: Seniors who demonstrate a combination of accomplishment, excellence of character, qualities of leadership and good citizenship. If selected, a letter of recommendation is required to be written by the principal or school counselor. Each secondary school in Virginia may nominate one graduating senior for the Harry F. Byrd Leadership Award. From the applicant pool, one JMHS student will be selected and submitted to the sponsor, https://byrdleadershipaward.org/

Northern Virginia Athletic Directors, Administrators and Coaches Association (NYADACA)

Scholarships: Seniors who have participated in a Virginia High School League sanctioned sport, cheerleaders or those who served as team managers or athletic trainers. Visit http://www.nyadaca.org/scholarship-applications/ for details. Students who receive a full athletic grant are not eligible for a NVADACA Scholarship. NVADACA considers GPA, rigor or academic program, extent of athletic involvement, athletic contributions to team(s), contributions to school, community, church and work, writing skills, leadership and financial need. Financial need encompasses any family-perceived financial need. This may include other siblings in college, temporary unemployment, medical bills, overall low family income, etc. From the applicant pool, JMHS will forward selected nominees to the NVADACA Scholarship Committee. Last year scholarships were offered in the amount of \$4,000.

Note: When a scholarship comes along that is school based, county based or local, information will be advertised/posted in Naviance and the Schoology Madison Student Services Course.

Local Scholarships (continued)

Reston Hospital Scholarship, \$1,000: Seniors who will pursue a career in the health care-related field: Medicine, nursing, physical therapy, etc. One senior will be selected for this award. Students must submit a resume of related experiences in health care, such as, volunteering, coursework, efforts, accomplishments, research, etc. that you have been involved with. Only include items on your resume that are related to your efforts in health care. Be sure to include where you will be attending college and the major you will pursue. Students must also submit a brief statement about why you chose the field of study (not an essay, just one paragraph.) From the applicant pool, JMHS will forward selected nominee to the

W. Harold Ford Scholarship Foundation, Teaching Scholarship, \$2,000: This is a log w. Harold Fore Scholarship Foundation, stated a four-year college which offers a students with at least at 2.7 GPA who plan to attend a four-year college which offers at the college great state of the college great stated in t education/certification program, major in education and plan to teach after college gra completed applicant pool, two JMHS student applications will be selected and submitte Visit http://www.fcre.org/scholarship.html for details.

FCPS Facilitated Scholarships

★ And More!

FCPS Facilitated Scholarships

These scholarships are typically submitted to the JMHS College & Career From the applicant pool, JMHS will forward selected nominees to FCPS for consideration.

Emily and Fred Ruffing ACCA Scholarship, \$2,000/renewable: This is a renewable, per semester, award. Available to a senior with a disability and academic achievement. Must plan to attend college full time. JMHS will submit all applicants to FCPS.

Granville P. Meade, \$2,000/renewable: This is a renewable award for "worthy and needy" students going to a Virginia college or university. An undisclosed number of awards are available to VA seniors who are financially unable to attend college. Must attend a VA public or private college and be a VA resident. JMHS will submit all applicants to FCPS.

Laura Ashley Piper Scholarship, \$1,000: Demonstrated integrity, leadership, service to school and community, academic excellence, athletic merit. JMHS will submit one application to FCPS.

Michell Merhige, \$1,200: Provide recognition and financial assistance to a FCPS graduating senior who demonstrates academic strength and potential, an ability to overcome adversity and a financial need. Priority will be given to those who have experienced homelessness, been in foster care or lacked substantial family support. JMHS will submit all applicants to FCPS.

Financial Aid Programs <u>College Access Fairfax</u>

Previously recorded sessions and presentations available online.
CAF will continue to offer programs in the Fall of 2023.

- ★ Scholarships 101 is an hour long overview of the scholarship application process. Learn how to search, apply and find scholarships and tips for a successful scholarship application.
- ★ Paying for College is designed to help current seniors and their families understand the financial aid process. Topics to be covered include the FAFSA (Free Application for Federal Student Aid), types of financial aid, scholarships, loans, definitions of frequently used terms, and timelines.
- ★ **FAFSA Line By Line** is an explanation of what information for each line of the FAFSA. FAFSA completion events will also be offer by College Access Fairfax.

Additional CAF Programs:

Financial Aid Nights | Understanding Award Letters CSS Profile | FAFSA Completion



College Preparation

Factors in College Admissions

NACAC State of College Admission Report

- 1. Grades in All Courses
- 2. Grades in College Prep Courses
- 3. Strength of Curriculum
- 4. Admission Test Scores (SAT, ACT)
- 5. Essay
- 6. Demonstrated Interest
- 7. Counselor Letter of Recommendation
- 8. Teacher Letter of Recommendation
- 9. Class Rank (N/A for FCPS Students)
- 10. Extracurricular Activities

College List | Applications

- ★ Begin to finalize your list of colleges. Be prepared to share your list of colleges in the fall with your school counselor.
- ★ Enter your college list in <u>Naviance</u>, "Colleges I'm Thinking About"
- ★ Identify a broad range of colleges and their admission difficulty. You want a balance and range of colleges you are planning to apply to.
- ★ Consider <u>NOVA</u> or other two-year college options; economically feasible, and often helpful transition to a four-year college.
- ★ Look at application requirements and get organized to complete applications in the fall. College applications for 2023-2024 will be available online typically by early to mid-August.





DEFINITIONS OF ADMISSION OPTIONS IN HIGHER EDUCATION

STUDENTS: WHICH COLLEGE ADMISSION PROCESS BEST SUITS YOU?

Regular Decision

e con

Rolling Admission

Institutions review

applications as they

are submitted and

render admission

decisions

throughout the

admission cycle.

Early Action (EA)

DEFINITION:

Students apply

early and receive

a decision well in

advance of the

institution's regular

response date.

-/

DEFINITION:

Early Decision

(ED)

Students make a commitment to a first-choice institution where, if admitted they definitely will enroll and withdraw all other applications. The application deadline and decision deadline occur early.

COMMITMENT:

BINDING

Restrictive Early Action (REA)

DEFINITION:

Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED or EA or REA to other institutions. If offered enrollment, they have until May 1 to confirm.

COMMITMENT:

NON-BINDING

Students are responsible for determining and following restrictions.

negular Decision

DEFINITION:

Students submit an application by a specified date and receive a decision in a clearly stated period of time.

COMMITMENT:

NON-BINDING

COMMITMENT:

NON-BINDING

COMMITMENT:

NON-BINDING

Students are not restricted from applying to other institutions and have until May 1 to consider their options and confirm enrollment.

For a conv of this fluor places visit unusu passanet are

Standardized Testing

- ★ The SAT and/or ACT is typically taken in the spring of junior year and then again in the fall of senior year.
- ★ SAT School Day in the Fall of 2024 @Madison
- ★ Students must register to take the <u>SAT</u> or <u>ACT</u> (JMHS CEEB Code: 472-278)
- ★ Khan Academy FREE online courses, practice & lessons
- ★ Tutor.com FREE tutoring and test prep for FCPS students
- ★ ACT also offers FREE test prep on their website
- ★ It is the student's responsibility to register to take a standardized test.
- ★ Parents ask your student if they already have a <u>College Board</u> account, either from taking a PSAT and/or registering for an AP Exam. You **DO NOT** want to have multiple College Board accounts!

Standardized Testing

- ★ Check college websites for admission testing requirements & updates.
- ★ Verify testing policies for each of your colleges.
- ★ Some colleges may still be determining testing policies and/or have temporary policies in place. Look on individual college websites or ASK THE COLLEGE REPS during a visit or information session. Most recent updates:
 - UVA test optional for at least two more years
 - W&M completely test optional
 - VT test optional for students entering through Fall 2025
- ★ IF you have a test score, that you feel looks favorably, ASK the colleges their opinion about submitting your score. Do your research!
- ★ ASK the colleges! VERIFY testing policies with the colleges/college websites!
- ★ <u>Fairtest.org</u> List of test optional colleges/universities VERIFY with each individual college.

College Application Platforms

College Specific Application

★ Specific to the college/university

Common Application ("Common App")

- ★ Over 1,000 colleges use the Common App including almost all of the VA public institutions
- ★ VA: Bridgewater C, CNU, Eastern Mennonite U, Emory & Henry C, Ferrum C, GMU, Hampden-Sydney C, Hampton U, Hollins U, JMU, Longwood U, Mary Baldwin C, Marymount U, Norfolk State U, ODU, Radford U, Randolph C, Randolph-Macon C, Regent U, Richard Bland C, U of Richmond, Roanoke C, Shenandoah U, Sweet Briar C, UVA Wise, U of Lynchburg, U of Mary Washington, U of Richmond, UVA, VCU, VT, Virginia Wesleyan U, W&L, W&M (as of 3/10/2023)

Coalition for College Access ("Coalition App")

- ★ Over 150 colleges use the Coalition App
- ★ VA: U of Richmond, VT (as of 3/10/2023)

Some institutions will still require supplemental information to be submitted.

Some institutions use more than one type, choose the application platform that works best for you!

Creating Your **Common App** Account

- ★ Students now is a great time to create your Common App account.
- ★ Your account will "rollover" from year to year, using the same username and password.
- ★ There is a brief time, over the summer, when Common App is unavailable as it prepares/updates for the 2023-2024 application season.
- ★ Your college list and any other information you enter in the "general" section of the Common App will "rollover."
- ★ Once you create an account, Common App will email you with reminders and information.
- ★ Take time over the next few months to explore and familiarize yourself with the Common App website.

Creating Your Coalition App Account

- ★ Take a look at the colleges and universities who use the Coalition App.
- ★ Students now is a great time to create your Coalition App account if there are colleges you'll be applying to.
- ★ Once you create an account, Coalition App will email you with reminders and information.
- ★ Take time over the next few months to explore and familiarize yourself with the Coalition App website.
- ★ Depending on the colleges you'll be applying to, will help you determine if you should create a Coalition App account.

Letters of Recommendation

College Letters of Recommendations

- ★ Do I need a letter of recommendation? Who will write it? CHECK college websites for requirements!
- ★ Think about which core teacher(s) you will ask to write you a letter of recommendation and even consider asking those teachers this spring! Each teacher has their own way handling this.
- ★ Counselor letter of recommendation
 - o If a counselor letter of recommendation is required:
 - Students will complete Student Self-Evaluation
 - Parents will complete Parent/Guardian Information Form
 - o We'll let you know once the forms are available

Junior Prep List for Juniors Going into Senior Year

Junior Prep List Available in:

Schoology Course(s):
All Parents/Guardians <u>here</u>
Student Services <u>here</u>

Junior Prep List ~ Class of 2024

For Juniors Going into Senior Year

Schoology | Student Services Course

College Research

- ☐ Use <u>Naviance</u>: College Search, JMHS Scattergrams, College Overlaps and more.
- Visit colleges & attend college fairs: Attend virtual or in person information sessions/college tours/open house events.
- ☐ Check college websites for updates and related information for the colleges you are interested in.
- Follow social media outlets for colleges of interest.
- ☐ Attend fall college visits with admission representatives scheduled through the JMHS College & Career Center.

College Essay

- ☐ Brainstorm potential essay topics Colleges want to hear your voice and get to know you.
- ☐ Visit Common Application and Coalition Application for the 2023-2024 college essay prompts.
 - Over 1,000 colleges/universities utilize the Common App and 150+ utilize the Coalition App.
- ☐ Visit the College Essay Guy Free guide to writing a personal statement and free resources.
 - ☐ The College Essay Guy's Blog ☐ College Essay Resources in Schoology
- Begin or continue the essay writing process; plan to return to school in August with at least a draft of your essay

College Letters of Recommendations

- ☐ Think about which core teacher(s) you will ask to write you a letter of recommendation and consider asking those teachers this spring. Find out what information they will need from you.
- ☐ Complete the <u>Student Self-Evaluation Form</u> & <u>Parent Information Form</u>. Submit to your counselor by the due date.

College List/Applications

- ☐ Begin to finalize your list of colleges. Be prepared to share your list of colleges in the fall with your school counselor.
- ☐ Enter your list in Naviance, "Colleges I'm Thinking About"
 ☐ Research colleges and complete college searches. Identify a broad range of colleges and their admission difficulty.
 You want a balance and range of colleges you are planning to apply to.
- ☐ Consider NOVA or two-year college options; economically feasible, and helpful transition to a four-year college.
- ☐ Look at application requirements and get organized to complete applications in the fall. College applications for 2023-2024 will be available online typically by early to mid-August.
- Common Application and Coalition Application Many colleges/universities participate in these application
 platforms which allows for students to apply to multiple colleges using one application.

Standardized Testing

- Check college websites for updates to their testing policies.
- Register/prepare to take the SAT or ACT Test (JMHS CEEB Code is 472-278)
 - ☐ SAT: www.collegeboard.org ☐ ACT: www.act.org
- ☐ Tutor.com: Free tutoring and test prep for FCPS students
- ☐ Khan Academy: Free online courses, practice & lessons | ACT also offers free test prep on their website
- ☐ Fairtest.org: List of test optional colleges/universities. Verify information with each college.

Financial Aid Information

- ☐ Federal Student Aid: An Office of the Department of Education
- FAFSA: Free Application for Student Aid. The FAFSA application opens up on October 1 of each year.
- VASA: Virginia Alternative State Aid for students who are ineligible to complete the FAFSA. This is only for aid in the state of Virginia and does not provide federal aid.
- College Access Fairfax: Financial aid workshops, scholarships and resources for FCPS students. Previous program recordings and presentations are available and can give you a sense of what to expect in the fall.
- ☐ <u>SCHEV</u>: State Council of Higher Education for Virginia

What are you doing this summer?

- ★ Look at the Enrichment Programs that are listed in <u>Naviance</u> and the Volunteering & Service Learning information <u>here</u> on the JMHS website.
- ★ Scroll through the <u>Post-Secondary Planning Newsletters</u> to see what's of interest to you. Students have access to an ongoing list of opportunities <u>here</u>.
- ★ You don't have to fill every second of every day, it's important to take time for yourself.
- ★ Have a plan in place. Get involved (or continued to be involved) with something that works for you and fits your needs, calendar, etc.
- ★ Begin to work on your college essays.

The College Essay

The College Essay

- ★ Essays are the highest ranked non-academic feature in your college application
- ★ Essays are the one thing which students have absolute control over
- ★ College admissions officers are looking for these things:
 - Who is this person?
 - Will this person contribute something of value to our campus?
 - Can this person write?
- ★ Be original. Yes, we all have things in common. How can you share your experiences in ways to make you stand out?

"Start writing, no matter what. The water does not flow until the faucet is turned on." ~ Louis L'Amour

The College Essay | How many college essays will I have to write?

- ★ Will depend on the institution
- ★ Each institution will instruct you on how many essays they require
- ★ Often, it is possible to use an essay across multiple applications (or scholarship applications) with minor adjustments, depending on the prompts
- ★ If using Common App, you will write one longer essay (650 max word limit, 250 word minimum) as well as other supplemental essays (~250 words) that may be required at each institution
 - Once you have added schools to your "My Colleges" tab in Common App, you will see which schools require the essay and which schools leave it as an optional writing prompt

The College Essay |

COMMON APP 2023-2024 ESSAY PROMPTS

Below is the full set of Common App essay prompts for 2023-24.

- 1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
- 2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
- 3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
- 4. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?
- 5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
- 6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
- 7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

We will also retain the optional COVID-19 question within the Additional Information section.

The College Essay | COALITION APP ESSAY PROMPTS

Below is the full set of Coalition App essay prompts for 2022-23. Likely will remain for 2023-2024 because they made changes just last year to their prompts.

- 1. Tell a story from your life, describing an experience that either demonstrates your character or helped to shape it.
- 2. What interests or excites you? How does it shape who you are now or who you might become in the future?
- 3. Describe a time when you had a positive impact on others. What were the challenges? What were the rewards?
- 4. Has there been a time when an idea or belief of yours was questioned? How did you respond? What did you learn?
- 5. What success have you achieved or obstacle have you faced? What advice would you give a sibling or friend going through a similar experience?
- 6. Submit an essay of your choice.

"While there is no perfect length for an essay, we recommend you aim for 500-650 words" ~Coalition App

Writing Your College Essay

- ★ The best ideas come when you least expect it
- ★ Don't overthink the prompt. The questions are designed to spark thinking.
- ★ Write about experiences you care about. Don't tell a story you think admissions want to hear.
- ★ The essay content should fit YOU!
- ★ Write like you speak or are talking to your best friend, let your voice come through in your writing
- ★ There is no correct format (however, spelling and grammar COUNT!)
- ★ Ask yourself the HOW and WHY and tell about it

Writing Your College Essay

- ★ Read your essays aloud. This will help you identify problem areas.
- ★ Get some advice
- ★ Have a trusted person read them and give you feedback
- ★ Be specific, it's a snapshot in time
- ★ Write your essays during summer
- ★ Essay resources in <u>Schoology for Students</u>

JUST BECAUSE YOU'RE NOT THE WRITER YOU WANT TO BE YET DOESN'T MEAN YOU'LL NEVER BE. KEEP WRITING.



Looking Ahead ~ Fall 2023

- ★ Senior College Planning Night
- ★ School counselors will meet with seniors individually
- ★ Counselors lessons through Government classes
- ★ Financial Aid Presentations (College Access Fairfax)
- ★ College visits to JMHS in the fall for students

Student Services

COUNSELOR

Mr. Anderson

Ms. Buckley

Mr. LaLone

Ms. Bacalis

Ms. Kennedy

Ms. Anderson

Ms. Whitener

Mr. Valencia

ALPHA

A-Chak

Chal-Fis

Fit-Jok

Jol-Ma

Mc-Peo

Pep-Stef

Steg-Z

CSS & ELL Students

Mr. Buckley Mrs. Otto

Director of Student Services College & Career Specialist

Junior Focus Day

MARCH 29 | DURING THE SCHOOL DAY Amazing opportunity for Juniors to attend sessions of interest to help with post-secondary plans.

Session Topics Include:

- Ask the College Deans
- Apprenticeships
- Assess the College Fit
- College Essays that Wow
- Craft a Standout Application
- Explore Your Strengths
- Law Enforcement & Firefighter/EMT
- Military & ROTC
- Money for College
- Two-Year College Option
- Volunteering & Internships



Thank you for attending tonight's program!